

“The Ascension of Jesus into Heaven”...



FROM THE GOSPEL ACCORDING TO - MARK -:

“So then the Lord Jesus, after he spoke to them, was taken up into heaven and took his seat at the right hand of God. But they went forth and preached everywhere, while the Lord worked with them and confirmed the word through accompanying signs.” (Mark 16:19-20)¹

MEDITATION ON THE MYSTERY:

Today, Lord, are we ascending toward the “heights” of things which are eternal? Give us the grace to do so, beginning by meditating on what is written: “The wisdom of the scribe is due to his quiet hours” (cf. Sir 38:24).
(cf. SLC, pp. 419-420)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to ascending by listening to the Word of God and trying to put it into practice, St. Padre Pio says: “Do not be so devoted to the activity of Martha that you forget the silence of Mary. The Virgin, who reconciles the one with the other so well, should be for you a sweet model and an inspiration.”
(PIO DA PIETRELCINA, *Pensieri di San Pio da Pietrelcina*, a cura di P. Geraldo di Flumeri, 10 Maggio [unpublished translation by pfgsm])

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)
- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

